



## Conscious Mothering Circle Policies & Disclosure Statement

Conscious Mothering Phone Circles are small, intimate groups of women facilitated by Sylvia Poareo to help mothers reconnect to the self-love and connection that empowers and heals. Participation in Circle is not just a monthly gathering but a stepping into the Connecting Within community; as such, members also receive access to monthly community gatherings and an exclusive online support network.

I have developed some policies to ensure a safe, sacred space and continuity amongst the group.

Please initial below to indicate that you understand and agree to each of the following items:

- \_\_\_\_\_ To help maintain continuity, all Conscious Mothering Circles require a FOUR month commitment at a time.
- \_\_\_\_\_ Once you have completed a four-month series, you have the option to continue via automatic billing on a monthly basis *while still being registered in four-month increments*.
- \_\_\_\_\_ Participation in Circle includes one 50-minute individual meeting per quarter, to be used within 30 days of the end of the quarter [quarter end dates: 3/31, 6/30, 9/30, and 12/31]. Participants are responsible for scheduling their meeting with Sylvia at a mutually agreed upon time.
- \_\_\_\_\_ To encourage participation and promote cohesion within the group, monthly contributions are due monthly regardless of whether or not you can attend your group gathering and regardless of whether or not you use your individual meeting.
- \_\_\_\_\_ In the event that you need to miss Circle, ONE 20-minute phone makeup is offered *per calendar year to be used within 30 days of your missed gathering*.
- \_\_\_\_\_ If you are on auto-pay and wish to withdraw from Circle *when your four-month term is nearing an end*, please provide a minimum of 30 days notice before your next payment is due or you may be charged one additional month.
- \_\_\_\_\_ Circle is a safe and sacred space for women to share authentic feelings and difficult challenges. By initialing here, you agree to maintain the confidentiality of all Circle participants.

**Disclosure Statement:** I am legally ordained as a minister and transpersonal counselor by the Association for the Integration of the Whole Person. I will not be practicing psychotherapy with you. Rather, I am working with you as a transpersonal/spiritual counselor and folk healer of my ancestral lineage (Mexican traditional medicine). My ministerial license supports the spiritual nature of this work. It is my personal and professional ethic to hold all disclosures in the strictest confidence. My licensure as a minister precludes any participation in outside legal proceedings. This supports my intention to uphold our relationship as private and sacred.

Sylvia Poareo

<http://www.connectingwithin.com>

**Release:** I understand that Sylvia Poareo is working with me as a minister, not a licensed psychotherapist and that spiritual work may be a part of our work together. I understand that the time frame and outcome will largely depend upon my participation.

I have read and agree to the above Conscious Mothering Circle policies.

Signed \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Email address: \_\_\_\_\_ Phone number: \_\_\_\_\_